GREAT LAKES SEA KAYAK ASSOCIATION

Rendezvous 2016 Registration Form (Page 1)

Name	Member or Guest?
	☐ GLSKA Member ☐ Guest
	☐ GLSKA Member ☐ Guest

Note: Every guest must submit a signed waiver. See instructions on reverse.

PLEASE INDICATE WHICH ACTIVITIES YOU WOULD LIKE TO PARTICIPATE IN: (Note: Sessions may change depending on level of interest by participants)

Friday June 17, 2016 Participant □ #2 Paddling trip: □ Morning □ #1 (Member led) ☐ Afternoon □ #1 \square #2 Saturday June 18, 2016 **On-Water** ☐ Precision Flatwater Turns (8:30 -10am) #1 #2 ☐ Powering Forward (10:30am - 12:00pm) **Workshops** #1 #2 These are led by White ☐ Bombproof rescues (10:30am - 12:00pm) #1 #2 Squall. Please Indicate your ☐ Managing Wind and Waves (1:00-2:30pm) #1 #2 first three choices in your ☐ Towing Tricks &Tips (1:00-2:30pm) #1 #2 order of preference by marking 1,2,3. Times may ☐ Alternative rescue options (3:00-4:30pm) #1 #2 vary depending on level of ☐ Practical Group Leadership on Water #1 #2 participation. - (3:00 - 4:30pm) ☐ Weather/Route Planning - White **On-land Workshops:** □ #1 □ #2 (See note above regarding the □ #1 □ #2 **Squall** (8:30 - 10:00am) White Squall session) ☐ The great outdoors as a spiritual endeavour-David Newland (10:30am - 12:00pm) **Paddling Trips:** □ Morning □ #1 □ #2 (Member led) □ #1 □ #2 ☐ Afternoon **Sunday June 19, 2016 Paddling trip:** ☐ All day □ #1 □ #2 (Member led) ☐ Morning only □ #1 □ #2

CONTINUE ON REVERSE

Rendezvous 2016 Registration Form (Page 2)

The 2016 fees are listed below. These cover campsites event costs, parking, welcome reception and entertainment. They do not cover kayak rentals. You must bring your own tents and gear.

Fees	#	Before May 15, 2016	After May 15, 2016	On-Site
Members		X \$60 =	X \$70 =	X \$75 =
Family members under 18 years of age		X \$20 =	X \$25 =	X \$30 =
Guests of member		X \$70=	X \$80=	X \$85 =
Total to be remitted: (Canadian Funds only please)		\$	\$	\$

REGISTRATION INFORMATION:

- To attend you must be a GLSKA member or a guest of a member. To become a GLSKA member, please check the GLSKA web-site www.glska.com.
- Accompanied guests of GLSKA members are permitted to attend as long as a Waiver form is signed. Waiver forms can be downloaded from the GLSKA website (www.glska.com/pdfs/glska waiver.pdf)
- Final program information will be *emailed* to all registrants in early June and will be posted on the GLSKA website.
- Kayak rentals must be arranged directly with White Squall at (705) 342-5324 who will deliver to campsite.
- If you have any questions please contact Erwin Buck (erwinbuck@hotmail.com) or Chantal Locatelli (see below).

Please complete and return this registration form along with your cheque or money order made payable to *GLSKA*, and mail to:

Chantal Locatelli 90 Cadorna Ave Toronto, M4J 3X2 416-546-5473 (chantal.locatelli@gmail.com)

White Squall Sessions Information

- 1. As noted above, for the White Squall Sessions you can indicate in advance up to three choices.
- 2. You will likely end up with only one, or two, of your selected White Squall sessions.
- 3. You can also wait and select from the remaining unfilled White Squall sessions on Friday evening after registration. The risk of waiting is that all of your preferred White Squall sessions may be full.
- 4. The session organizers will make every reasonable effort to allocate the White Squall sessions fairly.

Session Descriptions:

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Precision Flatwater Turns	Timing, approach and co-ordination of strokes to create graceful, strong turns	
	on flatwater will be the focus of this session. We will work on refining your	
	turns to make them intentional and graceful.	
Weather/Route Planning	Paddling on the Great Lakes is playing in the great mixing bowl of competing	
(Land Session)	air masses, resulting in weather that changes in an instant. We can't pretend to	
	be accurate forecasters beyond a few hours, so we need to know the basics of	
	threatening weather signs and how to react. We'll work through some	
	practical weather interp and apply that to simple route planning.	
Powering Forward	The forward stroke is at once both the simplest and most complex paddling	
	stroke. You can spend your entire paddling life working on making it more	
	efficient. What we want to do is introduce you to some simple benchmarks	
	for improvement and work with you on developing quiet, effective propulsion.	
Bombproof Rescues	We want to emphasize simplicity in self and assisted rescue. When things are	
	truly going bad, it's no time for fancy tricks where valuable energy can be	
	lost. Safe, effective rescue is all about getting it right the first time, and goes	
	well beyond just getting the bum in the seat.	
Managing Wind & Waves	Working up and downwind requires different strokes, timing and cadence.	
	It's akin to mogul skiing where you try to use the terrain to your advantage	
	and now we're adding the forces of the wind to effect better movement.	
Towing Tricks & Tips	Contact and line towing are fundamental skills for anyone venturing out on a	
	trip. It doesn't have to be fancy - but it sure as heck has to work - quickly!	
	We'll help you develop your own systems and offer up suggestions for ways	
	to be more efficient.	
Practical Group	We will use the boats, water and group to work through scenarios that	
Leadership On Water	highlight common leadership issues on water. Be ready to paddle and	
	participate in a lively forum where there aren't any easy answers. Kayak	
	leadership flows out of knowledge, skills and judgment - but also very much	
	depends on learning to adapt to changing conditions.	
Alternative Rescue Options	Think of this session as simply adding to the tool belt. For most of us - in	
	most situations - the key is to stick to the basics. But as you grow as a	
	paddler, it's important to have other strategies to cope with out of the ordinary	
	rescue situations.	